**Health Syllabus**

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**Brief Bio:** This is my fifth year of teaching. I am excited to be your teacher, and I am sure that you will learn a lot about being healthy and physically fit in my class. I have one son, Mateo, that is 15 months old and two dogs. My desire is that you will develop the knowledge and skills necessary to become healthy adults.

**Supplies:** Notebook dedicated to the class, folder, pen, pencils and notebook paper. You are not required to check out a Health book. I will have a class set in my classroom.

**Classroom Rules:**

1. Be in the classroom and in your seat before the tardy bell rings.
2. Bring your supplies to class **EVERY DAY!**
3. Ask permission **before** getting out of your seat by raising your hand.
4. Always treat your classmates and I with respect.
5. No headphones while I am teaching.

**Grading Policy:**

1. The Fort Bend ISD grading policy will be followed (3 major grades and 11 daily grades)

Daily Grades: Warm-ups, Notebook/Folder Checks, Writing Assignments, Classwork, and Quizzes

Major Grades: Chapter Tests, Current Events, and Projects

1. The students are required to keep a notebook and folder for my class which will include all the assignments that have been given. The notebook/folder will be checked throughout the 9 weeks for a daily grade.
2. **Late Work**: there will be 10 points taken off every day that an assignment is late up to 4 days. 1 day late= -10 points, 2 days= -20, 3 days= - 30, 4 days = 0

**Writing Assignment:**

Students may be required to find an article out of the newspaper, magazine, or the internet related to health or fitness to bring to class. They will write a summary of their article stating their opinion of the topic. We may discuss it in class, or they may post their opinions in Schoology.

Parent Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_